

Post-Discharge Home Support Services (NSW)

For patients requiring support after hospital discharge without a carer at home

These services support patients who require assistance after surgery or a procedure, including overnight supervision, personal care, and nursing support. Patients are generally responsible for arranging and funding services unless otherwise advised by hospital staff.

Mable - 1300 736 573, www.mable.com.au

Short-notice, flexible support workers and nurses. Suitable for overnight care, transport, personal care, and companionship.

Nurse Next Door - 1300 600 247, www.nursenextdoor.com.au

Structured in-home nursing care including wound care, post-operative monitoring, medication support and overnight care.

Kincare - 1300 733 510

Personal care, domestic assistance, community nursing, transport, and short or long-term home support.

Silverchain - 1300 300 122, www.silverchain.org.au

Post-operative nursing, wound care, medication support, early discharge programs and recovery monitoring.

Australian Unity - 13 29 39, www.australianunity.com.au

Personal care, nursing support, medication prompts, domestic assistance and transport services.

Right at home - 02 8660 0065, www.rightathome.com.au

Important: These services are particularly useful when patients do not have a responsible adult at home after discharge, especially following anaesthesia, reduced mobility, or when there is an increased risk of falls. Patients or their families should contact providers directly to arrange services. Hospital staff may assist with referrals where clinically required.